

Discussion Questions for Hebrews 4: 14-16

- What four exhortations does the author give his readers in this chapter? (Watch for “Let us ...”)
- What can you conclude about what the author wants to accomplish in this chapter?
- Recall what the author has previously said about the high priest (see 2:17–18; 3:1). What further fact should encourage believers to put their full confidence in this high priest (see 4:15)?
- What does the title “throne of grace” tell you about how believers are encouraged to approach God?
- Why do you think believers struggle approaching God when they know they’ve messed up?
- Because we have an empathetic yet sinless high priest, believers can confidently approach God to obtain mercy and grace (see 4:16). How would these two things be especially important to believers living under severe stress?
- How does this privilege of approaching the throne of grace relate to entering God’s rest (which we looked at earlier)?
- What was the biggest take-away that you got from these verses?
- How should understanding and embracing these verses change the way we come to God?
- How does an understanding of these verses affect the way you share Christ with others?